

LS016 – Scale Workouts

This lesson will get you moving around your minor pentatonic and major scales using various sequences of 3 and 4 note groupings. Once you are comfortable playing straight up and down the scales you should try to introduce some more difficult note sequences into your playing. We are still playing box 1 of the scale but are using a build sequence that gets our fingers moving in a non-linear way, much like they will when you start learning your favourite licks and melody lines.

Take it slow and use a metronome!

Drill no.1 - Pentatonic played in triplets

This scale drill will get you counting in triplets up through the scale, think go up three, back one up three back one. Take your time and build your speed slowly. The triplet rhythm should be counted 1&a, 2&a etc...

Drill no.2 - Pentatonic played in groups of four

This scale drill will get you counting in fours up through the scale, think go up four, back one up four back one. Take your time and build your speed slowly. The sixteenth note rhythm should be counted 1e&a, 2e&a etc...

Key Practice Elements

As with all of our playing, take your time. Go slow until the hands and brain start to feel connected then speed up.

Use your metronome.

Make up other patterns for yourself, try five notes, six notes etc..

